RELIEF KITS - FOOD

A-PAD SL has formed standardized care kits in accordance with the requirements of the National Disaster Relief Services Centre.



Emergency Food Pack

Description	Qty
Biscuits	2
Cereals/Dates (100 g)	1
Water Bottle	1



Packaging: Zip lock or transparent bag recommended

RELIEF KITS - NON-FOOD

A-PAD SL has formed standardized care kits in accordance with the requirements of the National Disaster Relief Services Centre.



First 72 Hours

Hygiene Kit (Female)

Description	Qty
Bathing Soap	1
Comb/ Hair Brush	1
Laundry Soap	1
Sanitary Napkins 5 Pack	2
Tooth Brush	2
Tooth Paste (small)	1
Undergarment (Ladies)	4
Towel	1



Hygiene Kit (Infant)

Description	Qty
Baby Blanket/ flannel	1
Baby cream (small)	1
Baby soap	1
Baby towel	1
Junior Tooth Brush	1
Baby Powder	1
Nappies/ diapers (5 piece pack)	2



Hygiene Kit (Male)

Description	Qty
Bathing Soap	1
Comb/ Hair Brush	1
Laundry Soap	1
Razor	1
Tooth Brush	2
Tooth Paste (small)	1
Towel	1
Undergarment (Men)	4



FAMILY DRY RATIONS PACK

A-PAD SL has formed standardized care kits in accordance with the requirements of the National Disaster Relief Services Centre.



Description	Qty
Rice (5Kg)	1
Flour (1Kg)	1
Dhal (1Kg)	1
Canned Fish (M)	2
Sugar (1Kg)	1
Milk Powder (400g)	1
Tea leaves (100g)	1
Salt Powder (200g)	1
Biscuit Packs	3
Noodles Pack (400g)	2
Curry Powder	1
Chilli Powder	1
Cooking oil (500ml)	1

Dry Rations - First 2 weeks

Family Kit



Packaging: Card-board box or transparent bag recommended

FAMILY CLOTHING PACK

A-PAD SL has formed standardized care kits in accordance with the requirements of the National Disaster Relief Services Centre.



Description	Qty
Bed sheet	4
Blanket	1
Children Wear 6-14 yrs (Boys)	2
Children Wear 6-14 yrs (Girls)	2
Cups	4
Kaftan	2
Mats (or folding mattresses)	2
Plates	4
Sarong	2
Slipper Pairs (Size 5,6,7,8,9)	4
Spoon (medium)	2
Towel	2
Undergarment (Ladies)	4
Undergarment (Men)	4

Clothes and Utensils Requirements

Family Kit







A-PAD Sri Lanka Office, 410/116, Bauddhaloka Mawatha, Colombo 07 | Google Pin



Monday to Friday, 9:00 AM - 4.00 PM

(For large deliveries or weekend arrangements, please contact us in advance as our team may be engaged in field assessments.)

For donations, coordination, or inquiries, please contact Rilwana Lariff - rilwana@apad.lk / 0763280029 Gethmi Adikari - gethmi@apad.lk / 0760950172

For general information: info@apad.lk / 0112688111